



HARNHAM INFANT SCHOOL

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Friday 7th February 2025

This week the KS1 children enjoyed a workshop assembly run by Richard from The Stay Safe Initiative, where they learnt about how to stay safe online. Richard also ran staff training after the workshop which touched on understanding the online world and the risks it can hold for children. Next week we will continue our Online Safety Learning as we celebrate Safer Internet Day. Richard is also offering an online workshop session for parents on Monday 10th February.

Don't forget to head over to Seesaw to read your child's class blog for the week, these will be full of information about the lessons that have taken place as well as some lovely learning photos!

Please look at the 'WEEK 3 Menu' for week beginning 10th February 2025:

REMEMBER TO PRE-ORDER ONLINE

New Dishes For 2025

Mega Mondays

School Favourites

Roast Wednesday

Tasty Thursday

Fishy Fridays

WEEK 1
Weeks starting:
6th January, 27th January,
17th February, 10th March,
31st March

WEEK 2
Weeks starting:
13th January, 3rd February,
24th February, 17th March,
7th April

WEEK 3
Weeks starting:
30th December,
20th January, 10th February,
3rd March, 24th March

WORLD TRADITIONAL SPRING
All meat dishes made with an option of Halal or non-Halal meat.

Bread and butter available DAILY

Jacket potatoes available DAILY

Day	Week 1	Week 2	Week 3
Mega Mondays	Hand Stretched Margherita Pizza with Garlic Slice (V) Vegetable Korma & Steamed Rice (VG) Jacket Potato & Fillings (including hot topper) (V) (GF) Cauliflower, Sweetcorn Fresh Daily Salad Selection, Fresh Sliced Bread Ice Cream (V) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt	Hand Stretched Margherita or Pineapple Pizza (V) Crispy Dippers (VG) Jacket Potato & Fillings (V) (GF) Baked Potato Wedges, Sweetcorn, Carrots Fresh Daily Salad Selection, Fresh Sliced Bread Strawberry & Vanilla Mousse (V) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt	Hand Stretched Margherita or Sweetcorn Pizza with Pasta Salad (V) ★ Spinach & Chickpea Biryani (VG) (GF) ★ Jacket Potato & Fillings (V) (GF) Cauliflower, Sweetcorn Fresh Daily Salad Selection, Fresh Sliced Bread Ice Cream & Fruit (V) (GF) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt
School Favourites	★ Beef Burger or Veggie (VG) Burger in a Bun ★ Harry Ramsden Salmon & Sweet Potato Fishcake ★ Jacket Potato & Fillings (GF) Baked Potato Wedges, Baked Beans, Carrots Fresh Daily Salad Selection, Fresh Sliced Bread Lemon & Courgette Cake & Custard (V) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt	Macaroni Cheese (V) South Indian Chicken Coconut Curry (GF) Jacket Potato & Fillings (including hot topper) (GF) Steamed Rice, Peas, Cauliflower Fresh Daily Salad Selection, Fresh Sliced Bread Blueberry Swirl Cake & Custard (V) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt	★ Creamy Chicken & Sweetcorn Pie ★ Oven Baked Sausages (Pork or Plant Based Choice) ★ Jacket Potato & Fillings (V) (GF) Mashed Potatoes, Peas, Carrots Fresh Daily Salad Selection, Fresh Sliced Bread Apple Crumble & Custard (V) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt
Roast Wednesday	Roast Chicken (GF) Mild Bean Chilli with Nachos & Rice (VG) (GF) Jacket Potato & Fillings (including hot topper) (V) (GF) New Potatoes, Carrots, Peas, Gravy Fresh Daily Salad Selection, Fresh Sliced Bread Peaches & Raspberry Jelly (VG) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt	Sausage Stuffed Yorkshire Pudding Oriental Stir Fried Rice (VG) (GF) Jacket Potato & Fillings (V) (GF) Mashed Potatoes, Carrots, Cabbage, Gravy Fresh Daily Salad Selection, Fresh Sliced Bread Fresh Fruit Salad (VG) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt	Roast Chicken (GF) ★ Vegetable Katsu & Steamed Rice (VG) ★ Jacket Potato & Fillings (V) (GF) Roast Potatoes, Carrots, Savoy Cabbage, Gravy Fresh Daily Salad Selection, Fresh Sliced Bread Raspberry Jelly (VG) (GF) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt
Tasty Thursday	Spaghetti Bolognese Seasonal Vegetable Hot Pot (VG) (GF) Jacket Potato & Fillings (including hot topper) (V) (GF) Sweetcorn, Savoy Cabbage Fresh Daily Salad Selection, Fresh Sliced Bread Black Forest Crumble & Custard (V) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt	★ Cottage Pie (GF) ★ ★ Cheese & Onion Gratin (V) ★ Jacket Potato & Fillings (V) (GF) Broccoli, Sweetcorn Fresh Daily Salad Selection, Fresh Sliced Bread Chocolate Cookie (VG) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt	★ Mild Beef Chilli con Carne with Nachos ★ ★ Tomato & Herb Pasta Bake (V) ★ Jacket Potato & Fillings (including hot topper) (GF) Steamed Rice, Broccoli, Sweetcorn Fresh Daily Salad Selection, Fresh Sliced Bread Chocolate Fudge Pudding with Hot Chocolate Sauce (V) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt
Fishy Fridays	Breaded Fish Fingers Cheesy Leek Parcel (V) Jacket Potato & Fillings (V) (GF) Chips, Peas, Baked Beans, Ketchup Fresh Daily Salad Selection, Fresh Sliced Bread Watermelon Wedges (VG) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt	Breaded Fish Fingers or Battered Cod Fillet ★ Mild Bean Burrito (VG) ★ Jacket Potato & Fillings (V) (GF) Chips, Peas, Baked Beans, Ketchup Fresh Daily Salad Selection, Fresh Sliced Bread Apple Cake & Custard (V) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt	Breaded Fish Fingers Vegetable Jambalaya (VG) (GF) Jacket Potato & Fillings (V) (GF) Chips, Peas, Baked Beans, Ketchup Fresh Daily Salad Selection, Fresh Sliced Bread Oat Cookie (VG) Dolce Homebake, Seasonal Fruit, Fruit Yoghurt

V = Vegetarian | VG = Vegan | *GF = Gluten Free
For full allergen information please refer to your School GFI Account. *Gluten free products are prepared in a kitchen that handles products containing gluten.

Celebration Assembly

Congratulations to Zakwan - Ladybirds, Harriet - Hedgehogs, Mason - Robins, Otilie – Bees, Gracie - Squirrels, Ana-Maria - Woodpeckers, Georgia - Badgers and Bella – Owls, Milly – Dragonflies, James - Dragonflies. We are so proud of you all!

Invitations to Celebration Assembly are sent on a Friday for the following week, plus a reminder the day before. Please check your email inbox carefully.

Staffing News

We are sad to let you know that Ms Efrim Niccals has resigned from her position as Speech and Language Teaching Assistant at Harnham Infant School. Ms Niccals is a very loved, fun, and positive member of the Harnham family, who has made such a difference to so many children. We shall miss her lots when she leaves us at February half term, although luckily Ms Niccals will remain as one of our School Governors so you will still see her around school.

Mrs Hopkins and Mrs Ansell will be taking on the Speech and Language Teaching Assistant role, Mrs Hopkins will support the Year 1 children and Mrs Ansell the Year 2 children, whilst also remaining in class as the Squirrel and Dragonfly Class Teaching Assistants.

Congratulations

Miss Greenough's baby girl has arrived! Claudia-Elizabeth was born on Sunday 2nd February, both mum and baby are doing well. We are sure that you will all join us in sending Miss Greenough and her partner, huge congratulations!



Parents Evening

The teachers are looking forward to meeting with you at Parents Evening on Monday and Tuesday next week. When you arrive, if you go to the school hall, you will find your child's books to look through and your child's class teacher will come and get you when they are ready for you. Please arrive at least ten minutes early for your appointment – thank you.

New 2 You

The New 2 You rails will be available to look through at Parents Evening on Monday 10th February and Tuesday 11th February.

Year 1 – Scootability

There is still a lot of outstanding consent for the Year 1 Scootability sessions, if you have not already given permission on the School Gateway app, please can you complete this as soon as possible – thank you.

Year 2 – Castle Banquet Day

Hear Ye! Hear Ye! Year 2 are taking part in a castle-themed activity day on Wednesday 19th March. Children are invited to come to school in fancy dress – either castle-based outfits such as, knights, princesses, kings, horses, queens, even dragons or party clothes if you'd prefer. Thank you!

Social Media

Find our Harnham Infant School accounts on Facebook and Instagram – give us a follow!

<https://www.facebook.com/HarnhamInfant/>

<https://www.instagram.com/harnhaminfant/?hl=en>

Upcoming Dates

Whole School	
Term 3	
10.2.25	7pm - Online Safety Parent Information Session 'Parenting in the Digital World' Zoom Meeting
10.2.25	Parents Evening (4-7.30pm)
11.2.25	Parents Evening (3.30-6pm)
11.2.25	Safer Internet Day
14.2.25	Teacher Training Day – School closed for children
Term 4	
6.3.25	World Book Day (children to dress up as their favourite character)
18.3.25	Community Forest School (10am-12pm)
EYFS	
12.3.25	Stay and mark make, 9am
3.4.25	Trip to Hillier Gardens (Letter to follow)
Year 1	
11.3.25	Stay and DT, 9am
24.3.25 / 28.3.25	Scotability training
26.3.25	Year 1 Show, 9.30am
27.3.25	Year 1 Show, 2pm
Year 2	
19.3.25	Castle Banquet Day (children to wear party clothes or castle themed fancy dress)
26.3.25	Trip to Old Sarum
2.4.25	Stay and play with number, 9am

Attendance

Weekly whole school attendance:	94.9% ↓ from last week	Number of late marks in the Registers:	34 ↑ from last week
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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

BUY MILK

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College



National Online Safety

#WakeUpWednesday

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In the Community: Please note that our school is neither involved with or endorsing the use of the services being advertised here. They are for families to access at their own discretion. Thank you.



UNDER-6 SHOWCASE TALENT ID EVENT

AFC Bournemouth Pre-Academy are hosting an Under-6 Talent Identification event on Friday 21st February 2025, 17:15-18:45, for talented players born between 1st Sept 2018 – 31st Aug 2019.

To register your son's place, please complete the form using the link below. Successful applicants will be notified via email by **Wednesday 19th February 2025**.

REGISTER NOW: <https://forms.office.com/e/aUgrjvRFHW>

For further info, please email jamie.wise@afcb.co.uk

TOGETHER ANYTHING IS POSSIBLE

