



## HARNHAM INFANT SCHOOL

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Newsletter 32

**Friday 14<sup>th</sup> June 2024**

'Hakuna Matata' has been ringing down the corridors at Harnham Infant School this week. The Year 2 children have totally immersed themselves in The Lion King this week with a visit to London to see the show! Everyone – staff, children and parent helpers – all had a brilliant time and are still singing all of the songs.

We are very proud of our Year 1 children who have sat their Phonics Screening Check this week. They have worked so hard to remember all of the sounds and applied themselves very well. Well done to them. In Early Years, there has been much 'eggs-citement' as the children have been exploring a mystery egg that has appeared in their classroom from an enormous visitor! The atmosphere when the egg cracked (complete with goo coming out!) was a highlight which sparked their intrigue, explorative and questioning skills!

What a brilliant week – we look forward to seeing you on Monday for more learning adventures.

### Menu for week beginning 17<sup>th</sup> June:

<b>Monday</b>	Chicken Nuggets or Cheese & Onion Pasty with potatoes <b>Dessert:</b> Marble shortbread biscuit
<b>Tuesday</b>	Chicken Curry with Rice or Plant-based Hotdog <b>Dessert:</b> Apple Crumble
<b>Wednesday</b>	Beef Bolognese Pasta Bake or Pizza <b>Dessert:</b> Chocolate Banana Cake
<b>Thursday</b>	Gammon or Quorn Pieces, Yorkshire Pud, Potatoes and Veg <b>Dessert:</b> Lemon Drizzle Cake
<b>Friday</b>	Fish Fingers and Chips or Cheese and Potato Frittata <b>Dessert:</b> Flapjack

### Celebration Assembly

Congratulations to Maeve – Hedgehog, Sophia – Robin, Thomas – Ladybird, Rowan and Rosie – Woodpecker, Mykola and Betsie – Squirrel, Oscar and Milly – Bee, Kiera – Dragonfly, Jack – Owl and Rachida – Badger. The Sports Award was won by Franklin – Hedgehog. We are so proud of you all! We are looking forward to celebrating with more children next week. Invitations to Celebration Assembly are sent out on a Friday for the following week, plus a reminder the day before. Please check your inbox carefully.

### Transition

It was lovely to see so many of the new parents for the class of 2024 at the welcome meeting on Monday evening. This meeting was recorded and the link to the video, along with the slides has been emailed out to the new families.

Our Year 2 children went for their first visit to Harnham Junior School this afternoon in a class swap with the year 3s for an hour. The children were really excited and have come back eager to return again next week for another visit.

### For your information – data sharing with Harnham Junior School

In accordance with the schools Privacy Policy and Data Protection Policy, we wanted to just make parents aware that there are times where information is shared between Harnham Infant and Junior Schools. Information is shared only when it is appropriate and necessary and where it is needed to ensure that both schools can operate effectively. Examples of this may include shared meetings with the Parent

Support Advisors from both schools, Attendance meetings, Safeguarding information and also when preparing for Year 2 to Year 3 transition.

If any parent is concerned about any aspect of this, or has any questions, please let us know.

### **Pond opening**

Don't forget if you would like to come and have a look at our newly renovated pond area in Forest School, we are having a grand opening on Friday 21<sup>st</sup> June between 3.30 and 4.00pm. We would love to see you!

### **Safety**

We have had a number of staff members and parents come to us this week concerned for the safety of children during the journey to or from school. Children are running up and down the middle of Saxon Road and are not seemingly near their carers either. Please remember that this is a road and is not pedestrianised. Please stick to the pavements and keep your children with you. Thank you for your support with this.

### **A Message from Mrs Allexant**



On Monday 10<sup>th</sup> June, Year 1 enjoyed a visit from Alexandra Boyd to talk about her Jewish faith. Alex is setting up a new group in Salisbury to bring women of different faiths together and she would warmly welcome lots of Harnham parents to join her. The details are as follows:

Women's Interfaith Network - Thurs 20<sup>th</sup> June - 12-2pm St Edmund's Church in Salisbury - light lunch provided!

If you are interested in attending then please contact Alex on alexboyd71@icloud.com or come and chat to Mrs Allexant or send her an email: nallexant@harnham-inf.wilts.sch.uk

More information can be found at: [Home Page - Women's Interfaith Network \(wominet.org.uk\)](http://Home Page - Women's Interfaith Network (wominet.org.uk))

### **Message from the HSA**

The HSA are now busy organising the next school disco for the year 1 and year 2 children on 27<sup>th</sup> June – see poster later on in the newsletter. If there are any volunteers that would be able to help during the event, please may you sign up using this link: <https://volunteersignup.org/JMBYE>

Thank you in advance for your support.

### **Careers / Jobs assemblies:**

Don't forget to sign up on the School Gateway app – clubs section if you are able to come in to talk to the children about your job role as part of our Monday assemblies. We would be delighted to welcome you. If you have any questions, please contact Miss Dorrington.

### **Dates for your diaries:**

Here are some important things coming up over the next few weeks:

<b>Whole School</b>	
25.6.24, 10.00am	Community Forest School event
27.6.24, 3.05pm	Reading Café
<b>Year 1</b>	
18.6.24	Bees trip to Wagamamas
19.6.24	Woodpeckers trip to Wagamamas
20.6.24	Squirrels trip to Wagamamas

### Parent Support Advisor:

Chris Lister is the Parent Support Advisor for Harnham Infants, and many families benefit from her expertise, support and advice. She can help parents with all sorts of things including difficulties with behaviour, financial matters, family breakdown and bereavement. Chris is also happy for you to get in touch if you're worried or concerned about any school related matters.

You can contact her by email [psa@harnham-inf.wilts.sch.uk](mailto:psa@harnham-inf.wilts.sch.uk) or by telephone 07595217569



### Update from the HSA:

**HSA**  
HARNHAM SCHOOLS ASSOCIATION  
RAISING MONEY FOR OUR SCHOOLS

**Disco Dion**  
[www.discodion.co.uk](http://www.discodion.co.uk)

# DISCO

**WITH THE ONE AND ONLY DISCO DION!**

• **THURSDAY 27<sup>TH</sup> JUNE 2024** •

• **TIMES FOR EACH YEAR GROUP** •

<b>5.00-6.00pm</b> Years 1-2	<b>6.15-7.15pm</b> Years 3-4	<b>7.30-8.30pm</b> Years 5-6
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• **HARNHAM JUNIOR SCHOOL HALL** • **£2.50 ENTRANCE FEE**  
BOOKING IN ADVANCE AVAILABLE VIA THE SCHOOL'S ONLINE PAYMENT SYSTEMS

**IMPORTANT INFORMATION, PLEASE READ**

**ENTRANCE TO THE DISCO:** All children **MUST** be dropped off/signed in at the door.  
**PICK UP FROM THE DISCO:** Children **WILL NOT** be allowed to leave unaccompanied.  
**To avoid congestion please arrive promptly.**

**SPENDING MONEY**  
All goodies will be 50p each.  
Please ensure your child brings a sensible amount of spending money and that it is kept in a safe place i.e. a zipped purse or wallet.  
We cannot accept responsibility for any loss money.

**CLOTHING**  
Please ensure all jumpers, cardigans, coats and jackets are taken home. We do not have a cloakroom and cannot accept responsibility for any lost items. Any items found at the end will be left at the Harnham Junior Reception.

**PARKING**  
Safety of all children is our priority.  
Please park in the Cricket Field car park and/or Parsonage Green to avoid traffic jams. **PERMIT HOLDERS ONLY** in Saxon Road and Hollows Close. Please be considerate to all residents.

**NO MOBILE PHONES**

**WE NEED YOU!** We rely on parent volunteers and the good behaviour of the children to make the event fun for all, but more importantly **SAFE**. If you are able to help at the event please email: [HSAeventscoordination@gmail.com](mailto:HSAeventscoordination@gmail.com)



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthral young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK ... and knowing what to do about content that upsets them.

## 1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

## 2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

## 3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds: if alarm bells ring, it could be time for a more in-depth talk or to seek support.

## 4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

## 5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces: involving your child in creating this agreement makes them more likely to stick to it.

## 6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

## 7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.

## 8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.

## 9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and regular sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.

## 10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

## Meet Our Expert

Shazia Sarwar-Azim is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEMH, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.



Sources: <https://www.bbc.com/news/technology-33204905>  
<https://www.nos.com/analysis/social-media-usage-2021/>





In the Community:



**For families of children aged 0-12 yrs**

# Five To Thrive

Join us online for fun filled practical sessions where we can share ideas to develop the positive connection between you and your child.



**For more information or to book a space phone our free phone number on: 0800 970 4669**

[www.wiltshirechildrenscentres.org.uk](http://www.wiltshirechildrenscentres.org.uk)

**Join us online via Microsoft Teams**

**Tuesdays**  
**2nd - 30th July**  
**7.00pm - 8.00pm**

1:1 support available to join online sessions

**Wiltshire Council**

Family Hub Wiltshire Council | All Together Supporting families in Wiltshire

Spurgeons



**FOOTBALL  
TASTER DAY  
U7/U8/U9  
SCHOOL YEARS  
1, 2, 3 & 4**

**[www.alderburyfc.com](http://www.alderburyfc.com)**

SATURDAY 13TH  
JULY  
9.30am - 11.30am

AFC  
FIRS ROAD  
ALDERBURY  
SP5 3BD

CONTACT  
[alderburyfc@outlook.com](mailto:alderburyfc@outlook.com)  
OR  
07578359621

FA QUALIFIED  
COACHES

HOT & COLD BEVERAGES  
AVAILABLE

2\* ENGLAND  
FOOTBALL  
ACCREDITED

WE LOOK FORWARD TO  
WELCOMING YOU...



## Wilton Educational Charity

(Registered No. 309353)

**Does your family need some additional financial support with the cost of items such as school uniform, books or equipment or help with the cost of transport or educational activities? We can support young people up to the age of 25.**



**If so, please complete the application form on the following pages.**

**Closing date for applications 1<sup>st</sup> July 2024.**

Please send completed forms to Wilton Educational Charity, 55 Bailey Lane, Wilton, SP2 0FR

**N.B You need to be a resident in Wilton, and you will need to supply receipts for purchases made with grant money. Not all requests can be met, and not all can be met in full. Household income is taken into account.**